



**Want to  
make your  
family  
stronger  
and  
healthier?**

**Registration Required**

## **Virtual Parent Workshops**

**Wednesday  
October 6, 2021  
6:30 p.m.— 7:30 p.m.  
[REGISTER HERE](#)**

### **Parenting in Today's Society:**

Learn about the tools for empowering your youth and strengthening family connections, and establishing clear family guidelines regarding marijuana, alcohol and other drugs. Also learn to discuss ways to help your kids develop healthy lifestyle behaviors.

**Wednesday  
December 8, 2021  
6:30 p.m.— 7:30 p.m.  
[REGISTER HERE](#)**

### **Got Assets?**

Learn about the Search Institute's **Developmental Assets®** and ways to support healthy youth development. Parents will learn how the Assets provide the building blocks that help young people grow up to be healthy, caring and responsible.

**Wednesday  
February 9, 2022  
6:30 p.m.— 7:30 p.m.  
[REGISTER HERE](#)**

### **Marijuana and Vaping**

Learn about emerging products and gain insight into the consequences and prevention of underage use of marijuana/cannabis.

Participants will be sent the Zoom link upon registering.

Contact: Pauline Stauder  
[pstauder@ochca.com](mailto:pstauder@ochca.com)



**Behavioral Health Services  
Alcohol & Drug Education & Prevention Team (ADEPT)**

